AdaptDx Pro Testing Protocol

Adding dark adaptation testing to your patient evaluations to detect signs of age-related macular degeneration can be done seamlessly. Assessing your clinical workflow, our Practice Management Consultant can incorporate dark adaptation testing into your practice protocol.

**Night Vision Complaint or Signs of AMD Reported During Annual Exam**

- **Rod Intercept < 6.5 Minutes**
  - Dark adaptation (DA) consistent with normal retinal function
  - Repeat Rapid Test in 12 months

- **Rod Intercept ≥ 6.5 Minutes**
  - DA is consistent with AMD
  - Schedule AdaptDx Pro Extended Test within 2 weeks
  - Return to clinic in 6 months

**12-Month Follow-up**
- Annual comprehensive exam
- AdaptDx Pro Rapid Test
- Routine retinal exam

**2-Week Follow-up**
- Perform Extended Test to determine baseline Rod Intercept

**6-Month Follow-up**
- Perform Extended Test to monitor disease progression
- Routine retinal exam
- OCT/fundus imaging

**3-6-Month Follow-up**
- If there are minimal changes to the Rod Intercept and OCT is normal, have patient return to clinic in 6 months
- If the Rod Intercept increases by 3 or more minutes, have the patient return to clinic in 3 months

**Refer to retina specialist if CNV or other complications are detected.**

**Did you KNOW?**

OCT in conjunction with AdaptDx Pro will help determine severity of the disease and how frequently you should follow up.

Continue to monitor and treat as recommended in the *Practical Guidelines for the Treatment of AMD* to delay disease progression and preserve vision.
AMD Assessment Using AdaptDx Pro

Incorporating AdaptDx Pro testing into your workflow is easy and intuitive. It’s as simple as adding a step or two to the routine of each member in your team.

**Receptionist**  
(Patient registration)
- Provide AMD questionnaire to all patients over the age of 50 as part of their intake – except the recent post-operative and/or infectious

**Technician**  
(Patient work-up)
- Administer AdaptDx Pro Rapid Test to patients identified with night vision problem, such as difficulty driving at night, or are showing signs of AMD
- Perform AdaptDx Pro Rapid Test (may be done while patient eyes are dilating)
- Record eye tested, RI, and Fixation Error Rate in EMR or other log

**Doctor**  
(Patient exam)
- Interpret AdaptDx Pro results
  - If Rod Intercept is < 6.5 minutes, schedule AdaptDx Pro Rapid Test in 12 months
  - If Rod Intercept is ≥ 6.5 minutes:
    - Recommend follow-up AdaptDx Pro Extended Test in 2 weeks
    - Order subsequent periodic dark adaptation assessments every 3-6 months to monitor patient

It is advised to test all patients experiencing night vision problems or showing signs of AMD. It’s what’s best for your patients and practice!

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