Age-Related Macular Degeneration (AMD) Risk and Symptom Assessment

AMD is the leading cause of vision loss among older Americans. It is a progressive condition that causes a part of your retina called the macula to deteriorate with age. The macula is responsible for your central vision, which allows you to do things like read, watch TV, recognize faces and drive.

Risk factors for AMD

There are several factors that may increase your risk of developing AMD, including the ones listed below. Check all that apply:

☐ 50 years of age or older   ☐ Current or past smoker

☐ Family history of AMD   ☐ Overweight

☐ Caucasian (white)   ☐ Heart disease, high blood pressure and/or high cholesterol

Since poor night vision is a common symptom of AMD, we use the AdaptDx device to measure the number of minutes it takes you to adjust from bright light to darkness. This number is your Rod Intercept™ (RI) and it can help us detect AMD at its earliest stages. The test is non-invasive and takes 5-10 minutes to complete.

Early symptoms of AMD

Before any structural changes can be seen in the back of your eye, you may experience the following early symptoms. Check all that apply:

☐ Difficulty seeing in the dark   ☐ Difficulty navigating at night   ☐ Difficulty reading in dim light

☐ Other night vision problems (please specify) _____

_____ _____ _____

Patient Name   Patient Signature   Date

_____ _____ _____

Doctor Name   Doctor Signature   Date

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